



The Lakeshore

WEEKLY BULLETIN OF THE ROTARY CLUB OF MONTREAL-LAKESHORE

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This Week's Program...

Club Assembly. Board members will have sent an advance copy of their latest reports to all RCML members.

Birthdays and Anniversaries this week...

Happy Birthday, Kathleen Baker..... Friday, June 2nd!

Happy Birthday, Brad Belvedere..... Friday, June 2nd!

Future Programs...

June 6: [Evening] **Bill** will present *A Musical History of Jazz*.

June 13: **Murray** will lead a round-table discussion of our auction, with final financial results and consideration of any changes suggested by members or guests.

June 20: T.B.D. [This date is available.]

Special Events...

June 2: (Friday) **Our Annual Auction. In only 3 days** we will host our most important fundraising event of this Rotary year. This year's auction will provide the lion's share of financing for our club's **charitable projects** in 2017-2018.

TICKETS AVAILABLE AT THE DOOR — \$30

July 8: (Saturday) **Changeover Party**, Baie-D'Urfé Curling Club, 3-8 pm, \$30/person. Cash bar available.

Last Week's Meeting...

We were 15 members, one visiting Rotarian and two guests, to hear **Wendy Sherry** tell us about organ and tissue donation and how making that happen when we die can save lives.

The 15 members present **Wayne, Maureen, Rosie, Sacit, Stan, PDG Bill, Murray, Knud, Brenda, Cameron, Deniz, Joe Zemanovich** and Honorary Member **Joe Maxwell**.

We were also delighted to welcome back for his annual visit **Sati Khanna** from the Nagpur club in Maharashtra, India, as well as Benda's Dad, **Victor**, and Wendy's Mom, **Winnifred**, guest of Wendy's Dad, Cameron.

President **JP** chaired our meeting, offered Happy Birthday wishes, on behalf of the club, to **Peter Neville** (May 25th) and **Darren Frendo** (May 29th), and gave us a brief summary of upcoming events.

He invited **Lawrence** to make an announcement about one of our auction items. **Lawrence** told us that, due to circumstances he was not at liberty to discuss, the sponsor of the PaintBall prize (FMV \$200) had to withdraw. He said he and **Knud** will put \$50 in to share the sponsorship of that prize, and asked for two volunteers to also put in \$50 each. **Stan** and **Deniz** immediately offered to do so. Problem solved.

Maureen told us that on Saturday, May 20th, **Murray** and **Carol** celebrated their **Golden Wedding Anniversary**.

Knud reminded us that we still have many flyers that have not been distributed yet, and that he had put a pile of them, in stacks of 30, at the back of the room. "They are worth 20 cents apiece right now, but on June 3rd they will be worth nothing. So, please, will you each take a bunch of them with you? Spread them around wherever you go, while they are still viable. Help yourself to programs, too. Let's get together and sell more tickets."

In answer to a question **Bill** was told that the program has also been posted to our club's website. Go to:

<http://rotarymontreallakeshore.org/contact-us/downloads/>

Murray added a comment about auction ticket sales. "It's one thing to take tickets; the next thing is to sell them. It's called 'closure.' You guys who were in sales, that's the key word for getting results: closure. At the moment we have approximately 130 tickets out there, with very few of them reported sold. So, purely on ticket sales, we have a long way to go. The ticket sales are going to cover our cost from the hotel, for a glass of wine and hors d'oeuvres.

"But talking to the members present today is like preaching to the choir. Hopefully, we'll have more and better news next Tuesday."

Deniz won the right to "Chase the Ace", but turned over the Five of Hearts instead. So the pot will continue to grow.

Stan had our speaker's PowerPoint and CV on his laptop, so he found the CV and played it for us. "**Wendy Sherry** is a nurse clinician currently serving patients within the McGill University Health Centre in Montreal. She was educated at John Abbott College, becoming a Registered Nurse. She went on to earn her BSc in Nursing from the University of British Columbia, before obtaining her Master of Nursing degree from Memorial University in St. John's, Newfoundland.

"She is an inductee of the Golden Key International Honour Society and maintains a Professional Membership in the Quebec Order of Nurses.

"Working within the MUHC, Wendy specializes in organ and tissue donation. She has over 32 years of experience in her field, and was a principal investigator for a research study involving patients, community members and their views on tissue and organ donation.

"Additionally, Wendy created a number of tools promoting informed decision-making by ethnical cultural family members."

Wendy gave us a very informative PowerPoint presentation entitled, "**Organ and Tissue Donation 101**". On the next page are a few of the 25 slides it contained. A PDF version of her PowerPoint will be posted on our website shortly.



Organ & Tissue Donation 101

Wendy Sherry, RN MN
 MUHC Nurse Clinician for OTD
 May 23, 2017



Historical Facts: Organ Donation

- Early 1900's: European physicians transplanted kidneys from animals into humans
- 1954: First successful human-human kidney transplant
- 1960's: Development of anti-rejection drugs enabled the transplantation of lungs, pancreas, and livers
- 1968: The Uniform Anatomical gift Act and The Harvard Criteria of the Determination of Brain death
- 1980: US President's commission establishes neurologic criteria for determination of death
- 2003: Canada develops its own set of guidelines

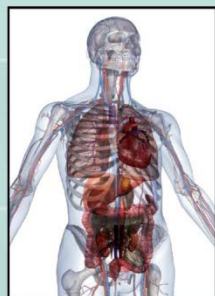
Historical Facts: Tissue Donation

- 800 B.C. skin grafts pioneered in India
- 1668: First successful bone graft (portion of a canine skull bone used to repair a defect in a man's skull)
- 1880: First clinical bone autograft
- 1906: First successful human corneal transplant
- 1967: First autograph aortic valve replacement
- As of 2005 some countries transplant faces, arms, legs

What can be Transplanted?

Organs

- Heart
- Lungs
- Kidneys
- Liver
- Pancreas
- Bowels



Organ donors can also be tissue donors

Tissues

- Corneas
- Tendons
- Skin
- Cardiac valves
- Bones
- Veins/ligaments



Definition of NDD

NDD: Neurological Determination of Death

The irreversible loss of the capacity for consciousness combined with the irreversible loss of all brainstem functions, including the capacity to breathe

Definition of Controlled DCD

DCD: Donation after Cardiocirculatory Death

Patients who do not fulfill neurological criteria for death and for whom continuing medical care may be considered futile. Death is anticipated to occur imminently upon withdrawal of life-sustaining therapy.

Estimated Organ Wait Time (2016)



Tissue Donation

Eligibility is verified **BEFORE** asking your family if they are interested in tissue donation

Ischemia Time to Transplant



Organ Viability

- Heart: 4 to 6h
- Lungs: 4 to 6h
- Pancreas: 6 to 12h
- Liver: 12 to 16h
- Kidneys: 24 to 48h

A few last statistics...

The oldest organ donor for a **heart** was 69
liver donor was 88
kidney donor was 85
lung donor was 85
pancreas donor was 72

The **youngest** organ donor was 2 days old

Wendy was thanked by **Stan**, who said her presentation could not have been more thorough or informative. "It's the best description of the entire process of organ and tissue donation, better than anything we could find on-line. And you explained very well why we should all give careful consideration to making our own personal decision to donate."

